

JUNE 2024

THE BRENWIN BUGLE

A NEWSLETTER FOR OLDER ADULTS AND SENIORS IN
DELORAINE, GOODLANDS, MEDORA AND WASKADA



Seniors'
Outreach
Services
Of Bren Win Inc

"ASSISTING OLDER ADULTS, SENIORS, AND PEOPLE WITH DISABILITIES TO LIVE SAFELY AND INDEPENDANTLY IN THEIR OWN HOMES FOR AS LONG AS FEASIBLE."



204-747-3283



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www.sosbrenwin.com



Seniors' Outreach Services is happy to announce that The Deloraine Community Club has aquired funding that will enable them to install automatic door openers on all entrances at the Mountview Centre. This project will happen in two phases.

Phase 1: Install openers on the main (South) entrance.

Phase 2: Build a ramp and reframe existing west entrance door to fit a commercial steel door with automatic opener.

This project is 100% funded by The New Horizons for Seniors Grant. Hopefully this improvement will encourage people with mobility challenges to participate in more community events and programs with confidence.

Funded by the
Government of Canada's
New Horizons for Seniors Program

Canada

Our organization is dedicated to enabling individuals to age safely and independently in Deloraine-Winchester and Brenda-Waskada for as long as possible. Occasionally, some advocacy is needed to ensure our rural community receives attention. **We are delighted to share that our efforts have led to the upcoming installation of automatic doors at the Canada Post Office in Deloraine, enhancing accessibility to public buildings!**

Victoria Lifeline recently revealed an expansion of their subsidy program, providing over 50% off the regular price of basic and fall detection buttons. If your taxable income is under **\$18,000.00 for a single-income household** (line 26000 on your NOA), you qualify. This initiative is open to **both new and current Lifeline customers**. Call Bethany for more information.



VICTORIA LIFELINE
Safe and independent living.





Transportation Fund Guidelines

With the support of the New Horizons for Seniors Program, Seniors' Outreach Services of Bren-Win Inc. is excited to introduce the Transportation Fund. This project aims to assist older adults, seniors, and individuals with disabilities by reducing expenses for SOS outings and events and providing financial aid for medical travel. Here are the details:

Medical Travel Assistance:

Residents of Brenda-Waskada and Deloraine-Winchester can apply for financial assistance toward medical travel through Seniors' Outreach Services of Bren-Win Inc. The assistance will be tailored to each individual. SOS will support **up to 2/3** of travel cost related to medical appointments within Manitoba. Applicants should be prepared to provide:

- Proof of Appointment
- Quote from transportation service or driver
- Final invoice/receipt from transportation service or driver

Approved payments will be sent directly to the service provider. For non-urgent situations, a 3-day notice before travel is required.

SOS Programs and Events:

The HandiVan transportation to all local (within Brenda-Waskada and Deloraine-Winchester) SOS events and programs will be covered. All events outside the local area, such as shopping trips to Brandon, will see a reduced transportation fee. All proceeds related to travel costs will be reinvested in the Transportation Fund to extend the program.

Rate of Pay:

Volunteer drivers will receive **up to \$0.54** per KM for mileage.

The D.W.B HandiVan will invoice SOS monthly for Medical Travel Assistance and for SOS Programs and Events at their regular rate.



Seniors'
Outreach
Services
Of Bren Win Inc

Let's do this!

"I'm not a Senior, but that looks so fun." We hear it all the time.

Our events are open to those aged 55+ and companions of all ages. We often need volunteer drivers, too!

June 5th - Health Auxillary Tea at the Mountview Centre - 2:00pm



June 5th - CRA Account

Deloraine 10am at the Mountview Centre in the SOS Office

Waskada at 1:30 in the Municipal Office

June 6th - SOS Annual Meeting at the Mountview Centre - 7:00pm

Guest Speaker: RCMP Sergeant Eric Descoteaux of Killarney

Topic: Frauds and Scams

June 10th - Make It! Monday

Location: The Centennial Apartments at 1:30pm

Transportation Available - follow Facebook Page for more details



June 12 - We're Going Shopping (leaving at 9:00am)

Location: Brandon - Shoppers Mall, Lunch, Coral Centre

Cost: \$10.00



June 15th - Musical 'RENT' in Brandon (leaving at 1:15pm)

Cost: \$37.50 (includes transportation and ticket)

Supper after the show, not included



June 19th - Cirque Luzdalia in Killarney (leaving at 3:00pm)

Cost: \$40.00 (includes transportation and tickets)

You can bring a child under 12 for FREE! Each additional child is \$15.00.



June 25th - Lucky Laps - Sandhills Casino (leaving at 9:30am)

Cost: \$15.00 (includes lunch and \$15 free play)

June 26th - Deadline to RSVP for The Prairie Dog Train Ride on August 15th

\$67.00 per person, non-refundable

CHECK OUR FACEBOOK GROUP FOR UPDATES OR FOR SPONTANEOUS EVENTS!

WWW.FACEBOOK.COM/GROUPS/SOSBRENWIN

CALL 204-747-3283 TO RSVP.



Congregate Meals

Mon, June 3 - Cheeseburger and Fries

Tues, June 4 - Sausages

Wed, June 5 - Ham & Scalloped Potatoes

Thurs, June 6 - Cook's Choice

Fri, June 7 - Fish

Mon, June 10 - Soup & Sandwich

Tues, June 11 - Chicken Pieces

Wed, June 12 - Swiss Steak

Thurs, June 13 - 7 Layer Dinner

Fri, June 14 - Fish

Mon, June 17 - Salmon Loaf

Tues, June 18 - Hot Hamburger Sandwich

Wed, June 19 - Sweet & Sour Chicken

Thurs, June 20 - Cook's Choice

Fri, June 21 - Fish

Mon, June 24 - Breakfast Brunch

Tues, June 25 - Pulled Pork

Wed, June 26 - Cold Plate

Thurs, June 27 - Lasagna

Fri, June 28 - Fish

Mon, July 1 - NO MEAL (Canada Day)

only \$8

includes:

tea/coffee

main meal

dessert

Congregate Meals are available from Monday to Friday, excluding Holidays. They are located at the **Centennial Apartments' dining room** served at **11:30am**.

Please sign up the day before so Louise (our talented chef) knows how many to prepare for: **204-747-2299**

Take out available, but please bring your own container.

Drop-ins can not be accommodated, thank you for your understanding!

MOVIE CLUB SCHEDULE

That's right, we're back for another month! Thanks to the Municipal Office for allowing us to continue in the month of June.

Our Movie Club 2023/2024 season will DEFINITELY be ending on June 27th
We will be starting a new season in September. Memberships will cost \$10.00 for the season from September 2024-May 2025

Join us every Thursday afternoon at 1:30pm in June for our showing of Part 1-4 of Scarlett - the 1994 sequel to the beloved Gone With the Wind.

**VOLUNTEERS
NEEDED**

We still have a few months available for Meals on Wheels delivery drivers. We are paying \$15 per delivery day for the delivery of meals on Mondays, Wednesdays, and Fridays for one full month. If you can't commit to every day, that is okay - you'll be provided with a back-up driver list to find a replacement.

Preference to those aged 13-20 (to encourage younger participation). Call Bethany for details.

WE ARE LOOKING FOR VOLUNTEERS TO HELP WITH LIFELINE INSTALLATION AND SUPPORT SERVICES. IF YOU ARE INTERESTED, CONTACT THE SOS OFFICE.



Prairie Dog Central Train Ride

Winnipeg, MB

When: Thursday, August 15, 2024

Cost: \$67 per person

(includes transportation, train ride and lunch)

NO refunds after June 26, 2024

Bus leaves from Boissevain at 7:30am

To register, call 204-534-6816 or email seniorservicetm@gmail.com
or call Bethany

"It is an amazing trip, you guys should definitely go, I'd go again."
-said a random stranger in Brandon who was eavesdropping on our conversation



MEDICAL EQUIPMENT LOAN PROGRAM

Parking Permits are available from the SOS office and from the RM in Waskada for short term loans.

Call us if you require assistance getting to an out of town medical appointment. We may be able to help.

We have new equipment, including an ice machine, walkers, wheel chairs, bath seats, cushions, commodes, toilet risers, canes and more.

If you or someone you know would like to donate equipment to our program, give us a call.

Community. FOOD DRIVE

Benefiting the Deloraine and Area Food Cupboard



Pick up at your house or you drop off



PICK UP

**Thursday, June 13
7:00 pm**



**DROP OFF
Municipality of
Deloraine-
Winchester office**

TAX RECEIPTS FOR MONETARY DONATIONS

over \$25.00 through the Municipality of Deloraine-Winchester,

Box 387, Deloraine, MB R0M 0M0. Etransfers to admin@delowin.ca.

IMPORTANT: Please put in the memo "Food Cupboard" or "Hampers"

For more information, please contact Mary Ellen 204-747-3347

Brain Games

SUBMIT YOUR BRAIN GAMES FOR YOUR CHANCE TO WIN A \$10 PRIZE!

YOU CAN SUBMIT BY:

DROPPING THEM OFF AT THE DELORAINE SOS OFFICE (MAIL BOX)

MAILING TO PO BOX 618 IN DELORAINE

EMAIL TO SOSBRENWIN@GMAIL.COM

CALL BETHANY TO PICK UP

BRING TO MOVIE CLUB BEFORE JUNE 21ST

CONGRATS

RAY FOXWORTHY &

BRENDA JOHNSTON

YOU WON THE MAY DRAW

*we use an online wheel to determine the winner. Submit your games before June 25th to be entered in to next months draw.

Number Crossword

2	4	9	1	6	6	9	4	6	6	0	7	5	3	8	0	7
2	1	5	6	7	1	0	9	2	0	3	3	2	3	5	2	7
5	4	0	3	8	2	4	0	4	9	5	1	8	7	0	7	8
6	5	3	4	3	1	1	1	1	0	0	1	9	4	4	8	3
0	4	1	0	5	2	8	2	1	5	4	0	3	7	0	1	5
2	3	7	9	0	9	5	8	8	4	5	8	5	7	7	9	3
2	7	2	8	8	6	6	2	9	6	0	1	5	1	0	8	9
5	7	8	6	6	3	8	6	8	2	7	5	8	2	1	3	8
1	3	7	2	9	8	0	8	1	2	9	3	0	0	3	1	5
6	6	9	7	3	5	3	6	8	5	3	1	6	5	3	9	9
2	8	4	5	1	3	4	1	0	2	6	9	2	5	8	6	4
6	7	8	0	9	2	3	9	0	9	2	0	5	2	2	1	7
2	9	3	1	0	3	5	2	3	3	2	5	8	8	9	1	9
4	1	0	1	7	1	0	0	4	4	7	3	7	5	4	9	1
3	7	8	4	1	4	3	7	7	6	2	4	3	5	0	1	4
8	3	2	9	4	5	7	6	0	4	3	0	4	6	9	4	1
7	9	7	2	8	8	1	7	7	6	9	7	0	7	0	7	1

231481

483082

702916862

300688822

4992219298

77835

306092336

5011492

81551

343086581

5137035

841709139

35557607

5162624387

854132358

429005111

60183

91850504

4543773687

628743

97070

EACH "REBUS" PUZZLE BOX
BELOW PORTRAYS A COMMON
WORD OR PHRASE.
CAN YOU GUESS WHAT IT IS?

GO

IT IT IT IT

Easy

GIVE GIVE GIVE GIVE

GET GET GET GET

Medium

3. BLAME

4. BLAME

Hard



Just Cross It Out!

Each of the squares in the puzzle below has two letters. You need to cross one of those letters out - making sure that when you've finished, there are six correct words left! Sometimes there are more than one option, so be careful.

H B	C O	A S	T V	E S
O E		C K		P V
N A	L E	H I	E V	E T
O R		L E		A E
S T	I O	R L	E T	F D

Across

- 1.
- 2.
- 3.

Down

- 1.
- 2.
- 3.

ANSWERS FROM MAY BRAIN GAMES:

JUMBLE: 1. STUNT 2. ICING 3. MEADOW 4. FORMAT BONUS: WAIST OF TIME

REBUS: 1. FOR ONCE (ONES) IN MY LIFE 2. TRY TO UNDERSTAND 3. EXCUSE ME
4. CORNER STONE 5. EIFFEL TOWER