

SEPTEMBER 2025

THE BRENWIN BUGLE

A NEWSLETTER FOR OLDER ADULTS AND SENIORS IN
DELORAINE, GOODLANDS, MEDORA AND WASKADA



Seniors'
Outreach
Services
Of Bren Win Inc

**"ASSISTING OLDER ADULTS, SENIORS, AND PEOPLE WITH DISABILITIES TO LIVE
SAFELY AND INDEPENDANTLY IN THEIR OWN HOMES FOR AS LONG AS FEASIBLE."**



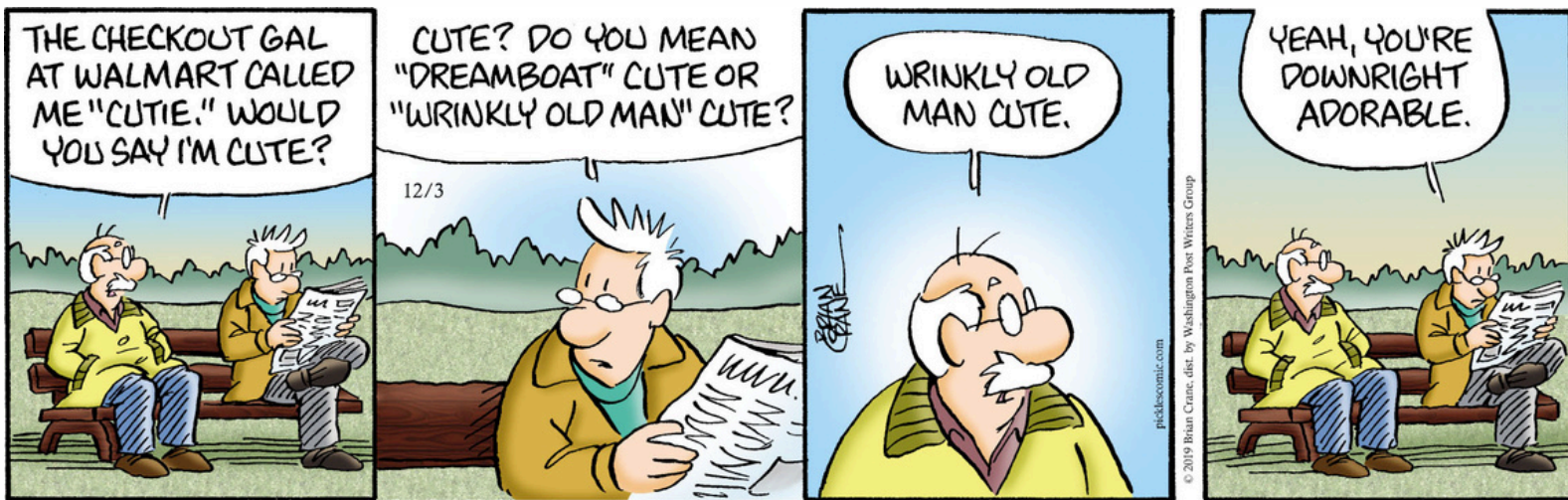
204-747-3283



sosbrenwin@gmail.com



www.sosbrenwin.com



Thank you to **Choice Home Improvements Ltd.** and **Turd Busters** for providing such a delightful meal at the Deloraine Summer Market, as well as for their generous donation of ****\$1,000.00**** to Seniors' Outreach Services. We appreciate all the community members who came out to support us.

A special shout-out goes to the young volunteers who assisted with serving and tidying up the tables and chairs.

TURD BUSTERS
SEPTIC SERVICES

Serving Deloraine, Boissevain
Waskada and Medora areas.

SHOP LOCAL • SAVE MONEY

204-215-3003

Operated by Dave Black



**CHOICE HOME
IMPROVEMENTS LTD.**
MAKE IT RIGHT

204-215-1777

choicehiltd@gmail.com



Seniors'
Outreach
Services
Of Bren Win Inc



"I'm not a Senior, but that looks so fun." We hear it all the time.

Our events are open to those aged 55+ and companions of all ages. We often need volunteer drivers, too!

RSVP by calling 204-747-3283 or email sosbrenwin@gmail.com



Wed, Sept 3 - Lunch at the Rendezvous

Time: meet at restaurant 11:30am

Cost: your lunch



Wed, Sept 10 - We're Going Shopping (Brandon)



Time: 9:00am leaving Deloraine

Cost: \$20.00 per person (Lunch NOT included)

*Shopping at the mall and Walmart (option for Superstore). Lunch TBD

*Free transportation from Waskada to Deloraine

Mon, Sept 15 - Make it! Monday

Time: 1:30 at the Centennial Apartments Dining Room

Cost: FREE

Craft: TBD



Wed, Sept 17 - International Peace Gardens

Time: 9:30am leaving Deloraine

Cost: \$15.00 (lunch at the Cafe not included)

We're excited for the return of Movie Club!!

(more details on page 5)

Sept 11: Jakob the Liar starring Robin Williams (PG)

"Jakob the Liar" is a novel by Jurek Becker that explores the life of Jakob Heym, a Jewish man in a ghetto during World War II. He spreads false rumors to inspire hope and laughter among the residents. As he fabricates stories about the Red Army, he also conceals a young girl named Lina, who escaped from a camp. Despite the dangers, Jakob continues to tell his tales, believing they will uplift the spirits of those around him. He faces increasing suspicion and danger from the German authorities, leading to a moral dilemma about the balance between hope and deception

Sept 25: Victor/Victoria starring Julie Andrews (PG)

Victoria Grant (Dame Julie Andrews) is a poverty-stricken soprano trying to find work in Paris in the 1930s. With the help of a worldly-wise nightclub singer, she invents her alter-ego Victor, a female impersonator who is hired to sing at a fashionable night spot.

CHECK OUR FACEBOOK GROUP FOR UPDATES OR FOR SPONTANEOUS EVENTS!

[WWW.FACEBOOK.COM/GROUPS/SOSBRENWIN](https://www.facebook.com/groups/sosbrenwin)



Congregate Meals

September

Mon, Sept 1 - NO MEAL (Labour Day)

Tues, Sept 2 - 7 Layer Dinner

Wed, Sept 3 - Turkey

Thurs, Sept 4 - Swiss Steak

Fri, Sept 5 - Fish

Mon, Sept 8 - Sweet & Sour Meatballs

Tues, Sept 9 - Pork Chops

Wed, Sept 10 - Cold Plate

Thurs, Sept 11 - Cook's Choice

Fri, Sept 12 - Fish

Mon, Sept 15 - Sausages

Tues, Sept 16 - Sweet & Sour Chicken

Wed, Sept 17 - Cold Plate

Thurs, Sept 18 - Cook's Choice

Fri, Sept 19 - Frish

Mon, Sept 22 - Burgers & Fries

Tues, Sept 23 - Rice & Salmon Casserole

Wed, Sept 24 - Roast Beef

Thurs, Sept 25 - Cook's Choice

Fri, Sept 26 - Fish

Mon, Sept 29 - Chili

Tues, Sept 30 - Pulled Pork

only \$8

includes:
Tea or Coffee,
Main Meal
and Dessert

Dine-in or Take-out
(please provide your
own containers)

Contact Louise if
you'd like to volunteer
as a server - you can
eat for free.

Congregate Meals are available from Monday to Friday, excluding Holidays. They are located at the **Centennial Apartments' dining room** served at **11:30am**.

Please sign up the day before so Louise (our talented chef) knows how many to prepare for: **204-747-2299**

Take out available, but please bring your own container.

Drop-ins can not be accommodated, thank you for your understanding!

Emergency Hospital Schedule

Individuals requiring emergency department services are encouraged to call the **Deloraine Health Centre 204-747-2745** to determine the nearest open emergency department.

For any EMERGENT situations - call 911.

Individuals requiring health advice are encouraged to call Health Links/Info Santé at 1-888-315-9257.

September ED Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 CLINIC CLOSED Boissevain 24 hrs Killarney 24 hrs	2 Deloraine 8-4 Boissevain 24 hrs Killarney 24 hrs	3 Deloraine 24 hrs Boissevain 8-4 Killarney 24 hrs	4 Deloraine 8-4 Boissevain 24 hrs Killarney 24 hrs	5 Deloraine 24 hrs Boissevain 8-4 Killarney 24 hrs	6 Deloraine 24 hrs Killarney 24 hrs
7 Deloraine 24 hrs Killarney 24 hrs	8 Deloraine 24 hrs Boissevain 8-4 Killarney 24 hrs	9 Deloraine 8-4 Boissevain 24 hrs Killarney 24 hrs	10 Deloraine 24 hrs Boissevain 8-4 Killarney 24 hrs	11 Deloraine 8-4 Boissevain 24 hrs Killarney 24 hrs	12 Deloraine 8-4 Boissevain 24 hrs Killarney 24 hrs	13 Boissevain 24 hrs Killarney 24 hrs
14 Boissevain 24 hrs/ Killarney 24 hrs	15 Deloraine 24 hrs Boissevain 8-4 Killarney 24 hrs	16 Deloraine 8-4 Boissevain 24 hrs Killarney 24 hrs	17 Deloraine 24 hrs Boissevain 8-4 Killarney 24 hrs	18 Deloraine 8-4 Boissevain 24 hrs Killarney 24 hrs	19 Deloraine 24 hrs Boissevain 8-4 Killarney 24 hrs	20 Deloraine 24 hrs Killarney 24 hrs
21 Deloraine 24 hrs Killarney 24 hrs	22 Deloraine 24 hrs Boissevain 8-4 Killarney 24 hrs	23 Deloraine 8-4 Boissevain 24 hrs Killarney 24 hrs	24 Deloraine 24 hrs Boissevain 8-4 Killarney 24 hrs	25 Deloraine 8-4 Boissevain 24 hrs Killarney 24 hrs	26 Deloraine 8-4 Boissevain 24 hrs Killarney 24 hrs	27 Boissevain 24 hrs Killarney 24 hrs
28 Boissevain 24 hrs Killarney 24 hrs	29 Deloraine 24 hrs Boissevain 8-4 Killarney 24 hrs	30 CLINIC CLOSED Boissevain 24 hrs Killarney 24 hrs				

MEDICAL EQUIPMENT LOAN PROGRAM

Parking Permits are available from the SOS office and from the RM in Waskada for short term loans.

Call us if you you require assistance getting to an out of town medical appointment. We may be able to help.

We have new equipment, including an ice machine, walkers, wheel chairs, bath seats, cushions, commodes, toilet risers, canes and more.

If you or someone you know would like to donate equipment to our program, give us a call.

We now have a bariatric wheelchair and walker for those who require them.

WE HAVE A LOST TRACK OF A PARKING PERMIT IN WASKADA - IF YOU HAVE THIS PERMIT, PLEASE RETURN IT TO THE MUNICIPAL OFFICE AT YOUR EARLIEST CONVENIENCE!



Get ready for a spectacular season of films **back at the Deloraine Theatre!** The Movie Club you love is back with a fantastic lineup and exciting updates.

Screening Schedule

September & October: Biweekly films, every other Thursday at 1:30 PM:

November – March: Weekly screenings, every Thursday at 1:30 PM.

Note: All showings are weather permitting.

Sept 11: Jakob the Liar (2h, PG-13) – Starring Robin Williams 🚌

Sept 25: Victor/Victoria (1h37m, PG) – Starring Julie Andrews

Oct 9: Ever After (2h1m, PG-13) – Starring Drew Barrymore 🚌

Oct 23: Clambake (1h33m, G) – Starring Elvis Presley

🚌 Sponsored Transportation

Enjoy free sponsored transportation from Brenda-Waskada and locally for one movie per month! Find the Bus Logo beside sponsored movies. Please call Bethany to book your ride if you live outside of Deloraine.

Updated Pricing

Admission: Only \$2.00 per show.

Punch Cards: Grab a \$20 punch card for 10 shows!

They're shareable, non-expiring, and make a fabulous gift.

Why the change? This replaces the silver donation and membership fee. Revenue will support our transportation sponsorships.

Stay Updated: Follow our Facebook page or call Bethany for last-minute Movie Club updates.

Who Can Attend: Movie Club is tailored for seniors, but feel free to bring a friend, companion, or younger family member to share in the cinematic experience!

Join us at the Deloraine Theatre for a season filled with unforgettable films and great company!



DELORAINE ADULT DAY PROGRAM

Delwynda Court – Deloraine

ADP SPEND THE DAY WITH US!

Accepting Home Care clients.

Thursdays – 9 am – 3 pm






**"A friendly place for seniors to spend the day socializing and enjoying activities.
ADP welcomes Home Care clients and offers caregivers a break."**

WHY CHOOSE ADP

- ✓ Affordable daily prices
- ✓ Respite for family and caregivers
- ✓ Personalized approach
- ✓ Meals and snacks
- ✓ Supervised therapeutic activities (bingo, bible study, exercises and more)

More information contact your local Home Care Case Coordinator:

 1-855-474-3338  1-204-629-3352  homecareintake@pmh-mb.ca





BRAIN GAMES

BRAVO!

**Darlene Nickles
Winner of August
Brain Games Draw!**

Submit your games for a chance to win \$10 Chamber Bucks

Brain Games draws will only be done if there are **10 submissions or more**.

Please encourage your friends to participate!

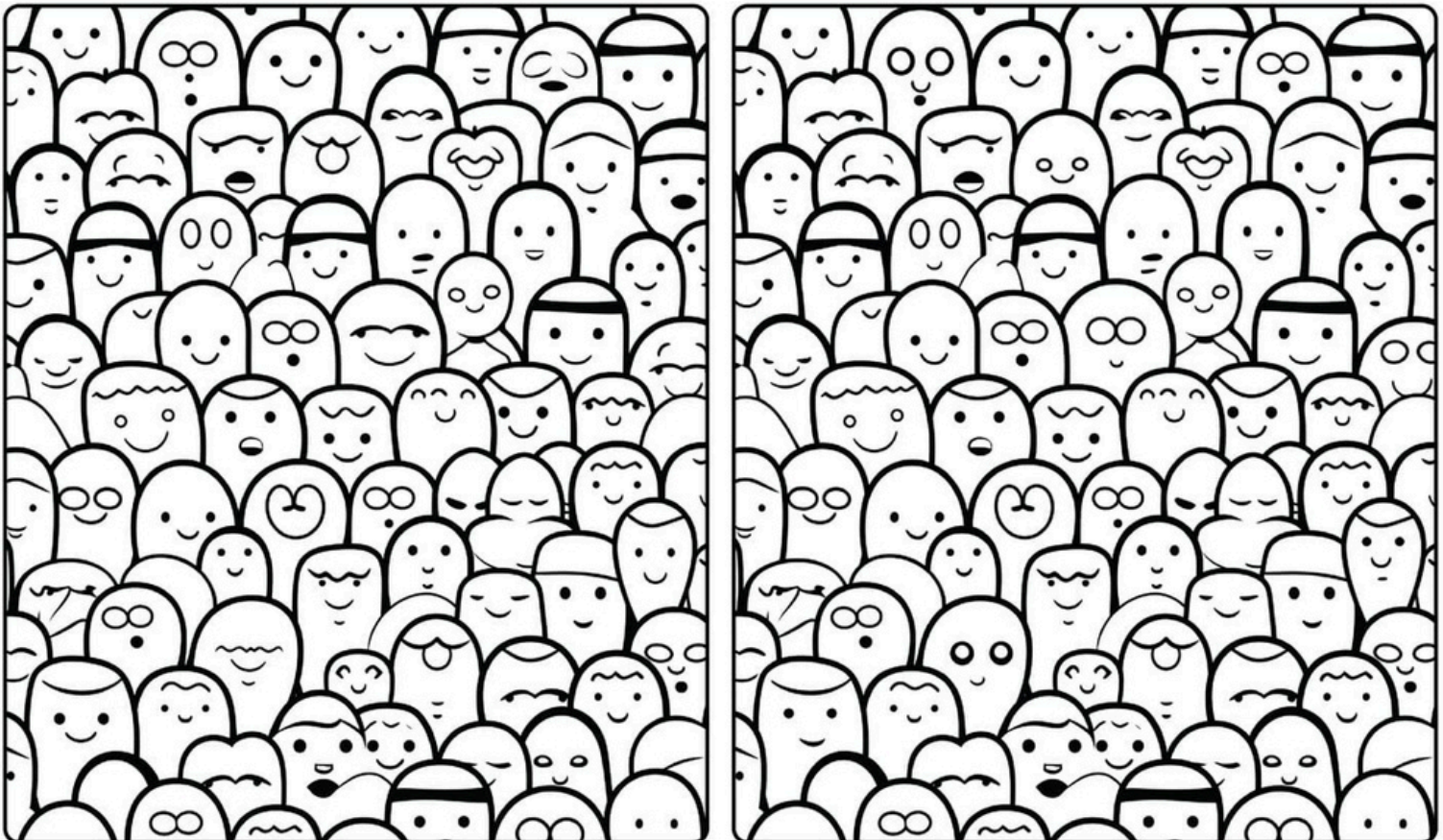
You must show an attempt at both games (front and back of this page)

You can submit your games a few different ways:

1. Drop off in the SOS mailbox at the Mountview Centre (Deloraine).
2. Mail your game sheet to PO Box 618 in Deloraine.
3. Hand in personally at an SOS event.
4. Email a picture of the completed game sheet to sosbrenwin@gmail.com.

Spot The Difference Game

There are eight differences in the images below. Can you spot them all and win the game?



Cribbage Count Answers (Left Column then Right Column): 6, 2, 5, 8, 2, 7, 11, 7, 2, 2, 8, 3

Cribbage Count

Because you loved it last month...

Score each hand! You are the dealer.

Shout out to Marie Arnold - the only person to score every hand perfectly last month! She gets her name in the draw 2x.

