

THE BRENWIN BUGLE



Seniors'
Outreach
Services
Of Bren Win Inc

A NEWSLETTER FOR OLDER ADULTS AND SENIORS IN
DELORAINÉ, GOODLANDS, MEDORA AND WASKADA

**“ASSISTING OLDER ADULTS, SENIORS, AND PEOPLE WITH DISABILITIES TO LIVE
SAFELY AND INDEPENDANTLY IN THEIR OWN HOMES FOR AS LONG AS FEASIBLE.”**



204-747-3283



sosbrenwin@gmail.com



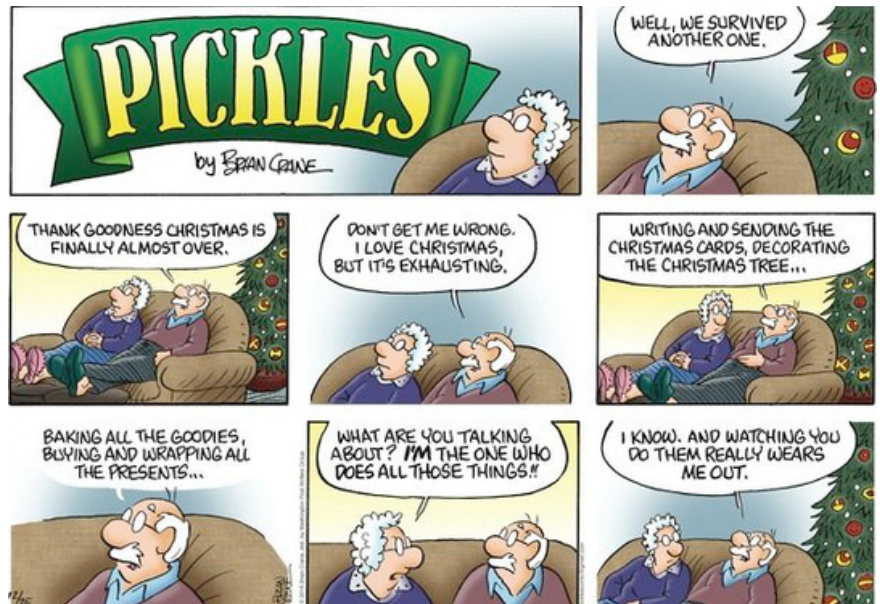
www.sosbrenwin.com

MERRY
Christmas
AND
HAPPY NEW YEAR



VICTORIA LIFELINE
Safe and independent living.

Are you interested in Lifeline?
You can try it **one month for FREE**
by mentioning the name of any
other existing subscriber. They'll get
a free month for the referral.
There are **no monthly contracts**.
This promotion can be used with
any Lifeline device.
Call for the office for details.



Join our facebook group for the latest updates:
www.facebook.com/groups/sosbrenwin

Christmas Potluck

Come together with friends, family, and neighbours for an unforgettable potluck event filled with laughter, connection, and mouthwatering dishes!



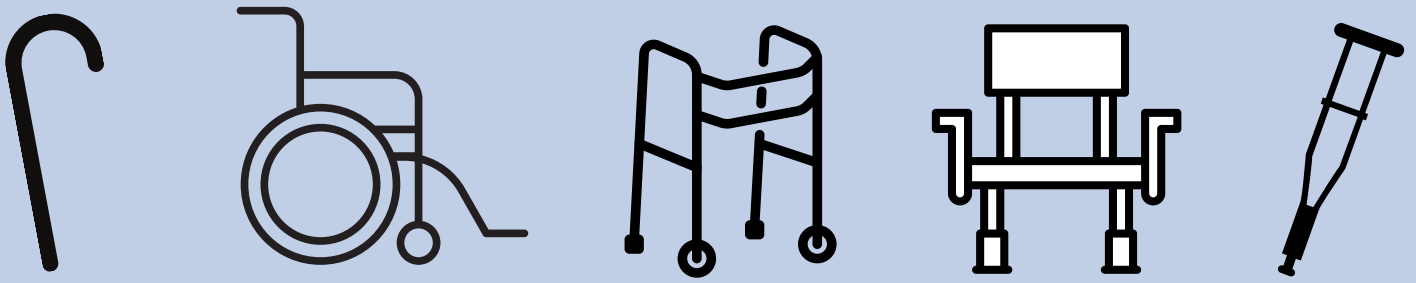
Sunday, Dec 10
5:00pm



**The
Mountview
Centre**

Bring something sweet or savoury!

Sing-a-long Christmas Concert from 6:00-7:30.
Song requests welcome



MEDICAL EQUIPMENT LOAN PROGRAM

We have new equipment available for our loan program, including a new ice machine, walkers, wheelchairs, canes, and more. If you or somebody you know may benefit from this free program, please send them our way. This program is made possible from local donations and the federal funding we received earlier this year.

In order to better monitor our medical equipment and to offer more privacy to our guests, the Deloraine Community Club has allowed for our office to move closer to the equipment storage area. This move will be completed in the first week of December. If you'd like to pop in for a visit, please use the west entrance to the building.



Waskada and Area Christmas Luncheon

HAM AND SCALLOPED POTATOES
HOT CHOCOLATE BAR
CHRISTMAS COOKIES

DECEMBER **12** AT 12PM

AT THE WASKADA RINK

LIVE MUSIC PERFORMED BY
LYLE BALDWIN

*Our gift
to those
aged 55+*

CALL 204-747-3283 TO RSVP FOR THE MEAL OR FOR TRANSPORTATION FROM DELORAINE!



Seniors'
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Upcoming *December & January events*

4

DEC

Monday 9:30am

Make It! Monday (NEW REGULAR EVENT)

Craft: Christmas Cards

Location: The Centennial Apartments

Sponsored by SOS

10

DEC

Sunday 5:00pm

Christmas Potluck at the Mountview Centre

Bring a shareable dish - sweet or savory

Sing-a-long Christmas concert to follow

12

DEC

Tuesday 12:00pm

Waskada Christmas Luncheon

Cost: Free

Live entertainment from Lyle Baldwin

14

DEC

Thursday 10:00am

Deloraine Historical Society Antique Toy Display

Lunch at Crafted and More - 11:00am

Faye offers our seniors a lunch special (at your cost)

Handy Van to Theatre for Movie Club after (if needed)

18

DEC

Monday 9:30am

Make It! Monday (NEW REGULAR EVENT)

Craft: Window Ornaments

Location: The Centennial Apartments

Sponsored by SOS

17

JAN

Wednesday 9:00

We're Going Shopping - Brandon

Location: TBD

Cost: \$25.00 (Lunch not included)

18

JAN

Thursday 11:30am

Lunch with Faye

At Crafted and More before Movie Club

Faye offers our seniors a lunch special (at your cost)

22

JAN

Monday 9:00am

Make It! Monday (NEW REGULAR EVENT)

Craft: Painting

Location: The Centennial Apartments

Sponsored by SOS

CHECK ONLINE FOR UPDATES
OR FOR NEW LAST MINUTE EVENTS!
CALL 204-747-3283 TO RSVP.



MOVIE CLUB

UPCOMING SHOWS

MEMBERSHIPS TO BE RENEWED STARTING NOVEMBER 2

\$10/YEAR PLUS A SMALL DONATION AT EACH SHOW (IF YOU ARE ABLE)

ANNOUNCING: WEEKLY MOVIES UNTIL THE END OF MARCH (WEATHER PERMITTING)

NOV 23 - **YOU'VE GOT MAIL** - 1998 (MEG RYAN, TOM HANKS)

NOV 30 - **LITTLE WOMEN** - 1994 (SUSAN SARANDON, WINONA RYDER)

Dec 7 - **The Apartment** - 2h5m (Jack Lemmon, Shirley McLaine)

Dec 14 - **While You Were Sleeping** - 1h43m (Sandra Bullock, Peter Gallagher)

Dec 21 - **Christmas in Connecticut** - 1h42m (Barbara Stanwyck, Dennis Morgan)

Dec 28 - **Catch Me If You Can** - 2h21m (Leonardo DiCaprio, Tom Hanks)

Jan 4 - **Anne of Green Gables the Sequel (Part 1)**

Jan 11 - **Anne of Green Gables the Sequel (Part 2)**

Jan 18 - **The Hundred-Foot Journey** - 2h2m

Jan 25 - **The Bucket List** - 1h37m

Feb 1 - **Gone with the Wind (Part 1)**

Feb 8 - **Gone With the Wind (Part 2)**

ALL SHOWS STARTING AT 1:30PM ON THURSDAYS

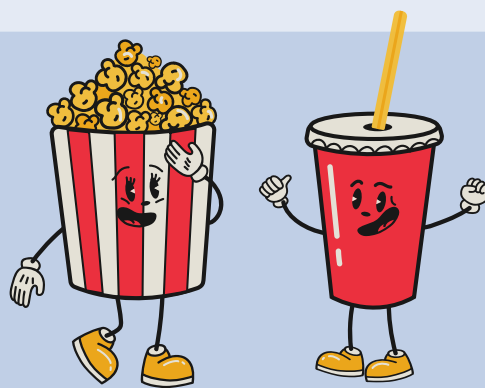
ALL **ONE STOP** HANDY VAN RIDES TO AND FROM MOVIE CLUB

ARE SPONSORED BY SENIORS' OUTREACH SERVICES, STARTING NOVEMBER 2ND.

PICK UP MAY BE ARRANGED FROM THE WASKADA COMMUNITY CENTRE

IF BOOKED IN ADVANCE! PLEASE CALL BETHANY FOR MORE INFORMATION.

WWW.SOSBRENWIN.COM/MOVIE-CLUB





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Announcements



THE SOS OFFICE WILL BE CLOSED FROM DEC 21 - JAN 2. MESSAGES WILL BE RESPONDED TO IN THE ORDER THEY WERE RECEIVED DURING THE FIRST WEEK OF JANUARY. THANK YOU FOR YOUR UNDERSTANDING.

BETHANY IS IN WASKADA ON FRIDAYS FROM 10-4 (WEATHER PERMITTING). IF YOU WOULD LIKE TO MEET WITH HER, PLEASE CALL TO BOOK AN APPOINTMENT. SHE IS OFTEN ON HOME VISITS OR IN MEETINGS, SCHEDULED APPOINTMENTS ARE ENCOURAGED.

ALL OF OUR EVENTS ARE OPEN TO RESIDENTS IN BRENDA-WASKADA AND DELORAINE WINCHESTER. CHOICE HOME IMPROVEMENTS LTD IS SPONSORING ALL ONE-STOP TRANSPORTATION TO AND FROM OUR EVENTS. PLEASE TAKE ADVANTAGE OF THIS SERVICE AND HELP SUPPORT OUR LOCAL HANDY VAN.

ALL EVENTS, INCLUDING MOVIE CLUB, ARE WEATHER PERMITTING. CHECK THE FACEBOOK PAGE OR CALL FOR LAST MINUTE UPDATES.

WE ARE LOOKING FOR A COUPLE VOLUNTEERS TO HELP FACILITATE A PEER LED ACTIVITY PROGRAM FOR EACH DELORAINE AND WASKADA. FREE VIDEO TRAINING - ALL FITNESS LEVELS ACCEPTED. PLEASE CALL THE OFFICE IF YOU ARE INTERESTED.

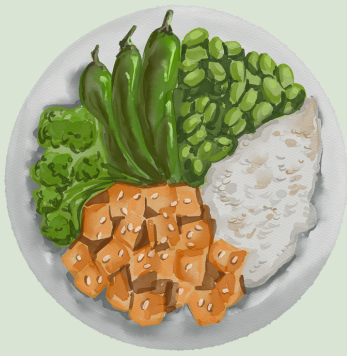
SUBMIT YOUR COMPLETED BRAIN GAMES BY EMAIL, DROP THEM AT THE OFFICE, OR CALL TO HAVE THEM PICKED UP FOR YOUR CHANCE TO WIN A \$10 TOWARDS ANY UPCOMING SOS EVENT! **CONGRATULATIONS TO SUSAN CAPPELLE FOR WINNING THE NOVEMBER DRAW!**

Mark Your Calendars

Feb 8 - Soup and Sandwich Lunch and Learn

with the CRA and Service Canada
"Know Your Benefits"

12pm-3pm at the Mountview Centre



CONGREGATE MEALS

DECEMBER MENU

Fri, Dec 1 - FISH
Mon, Dec 4 - HOT HAMBURGER SANDWICH
Tues, Dec 5 - BEEF STEW
Wed, Dec 6 - ROAST PORK
Thurs, Dec 7 - COOKS CHOICE
Fri, Dec 8 - FISH
Mon, Dec 11 - LASAGNA
Tues, Dec 12 - SOUP & SANDWICH
Wed, Dec 13 - CHRISTMAS DINNER
Thurs, Dec 14 - COOKS CHOICE
Fri, Dec 15 - FISH
Mon, Dec 18 - SAUSAGES
Tues, Dec 19 - CHILI
Wed, Dec 20 - CHICKEN BREAST
Thurs, Dec 21 - COOKS CHOICE
Fri, Dec 23 - FISH
Mon, Dec 25 - NO MEAL
Tues, Dec 26 - NO MEAL
Wed, Dec 27 - PORK CHOPS
Thurs, Dec 28 - COOKS CHOICE
Fri, Dec 29 - FISH



Check online for the January menu!

Congregate Meals are available from Monday to Friday, excluding Holidays. They are located at the **Centennial Apartments' dining room** served at **11:30am**.

Please sign up the day before so Louise (our talented chef) knows how many to prepare for: **204-747-2299**

Take out available, but please bring your own container.

Drop-ins can not be accommodated, thank you for your understanding!

AFTERNOON CURLING

**EVERY WEDNESDAY AT 1:30
AT THE DELORAINE CURLING CLUB**

ALL EQUIPMENT AVAILABLE IF NEEDED

**INCLUDING PROTECTIVE HEADWEAR,
GRIPPERS, SLIDERS, STICKS AND BROOMS**

\$10 DROP-IN FEE

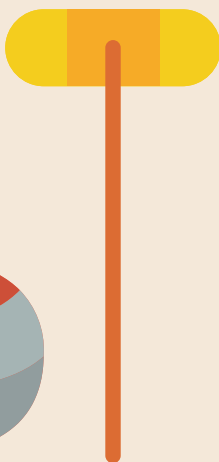
\$100 FOR THE SEASON

All ages welcome

This is a great opportunity to learn

**Call Noreen Johnston for more
information**

431-236-3063





Christmas Word Scramble

Unscramble the letters to find words which have to do with Christmas.
Some of the words have religious meanings, others are secular in nature.

1. Groceos _____
2. Naclorig _____
3. Rats _____
4. Scunttshe _____
5. Porduhl _____
6. Naast _____
7. Skagceap _____
8. Dressephh _____
9. Gramen _____
10. Galen _____
11. Limesotte _____
12. Vaniyitt _____
13. Gotscink _____
14. Virasou _____
15. Traweh _____
16. Gisehl _____
17. Wamsonn _____
18. Ejuss _____
19. Stranneom _____
20. Scamsthir _____

CHRISTMAS MAZE

help Santa find his way to Rudolph

