

FEBRUARY 2026

THE BRENWIN BUGLE

A NEWSLETTER FOR OLDER ADULTS AND SENIORS IN
DELORAINÉ, GOODLANDS, MEDORA AND WASKADA



Seniors'
Outreach
Services
Of Bren Win Inc

"ASSISTING OLDER ADULTS, SENIORS, AND PEOPLE WITH DISABILITIES TO LIVE SAFELY AND INDEPENDANTLY IN THEIR OWN HOMES FOR AS LONG AS FEASIBLE."



204-747-3283



sosbrenwin@gmail.com



www.sosbrenwin.com

Join us at the Medora Community Centre for our annual

WINTER LUNCHEON

Wednesday, February 25th at 11:30

Free for anyone aged 55+ in Medora
and surrounding areas

Sponsored by S.O.S

Check out the schedule for boardgames at the Centennial
Apartments Dining Room and Border Hills Common Room at
1:30PM on alternating Tuesdays throughout February.

Please RSVP so we can keep you updated on changes.

Games will be decided on the day of based on players interest. Options
include: Scrabble, Triominos, Chromino, Skip-Bo, 5 Crowns,
Rummikub, and Ticket-to-Ride

HEY WASKADA - Wanna play, too? If we have 2 or more people interested, we
will meet to play games on Fridays at 1:30PM. Call to RSVP! Location TBD.





"I'm not a Senior, but that looks so fun." We hear it all the time.

Our events are open to those aged 55+ and companions of all ages. We often need volunteer drivers, too!

RSVP within 48hrs by calling 204-747-3283 or email sosbrenwin@gmail.com

Please RSVP for ALL EVENTS so that you can be contacted in the event of a last-minute update or cancellation

Mon, February 9 - Make it! Monday

Time: 1:30 at the Centennial Apartments Dining Room

Cost: FREE

Craft: TBD

Wed, Feb 11 - Let's Go Shopping - Brandon

Time: leaving Deloraine at 9am

Cost: \$20 not including lunch

*stops at Shoppers Mall, The Coral Centre, lunch at Los Brothers

Wed, Feb 18 - Lunch Together at the Rendezvous

Time: meet on location at 11:30am

Cost: Whatever you order for lunch

Wed, Feb 25 - Winter Luncheon (Medora Community Centre)

Time: 11:15 - leaving Deloraine

Cost: FREE

On the Menu: Soups, Biscuits, and Cookies

****Transportation from Waskada is sponsored by SOS**

Turbo Tuesdays in February!

Tues, Feb 3, 10, 17, 24 - Let's Get Moving at the Mountview Centre

Time: 11:00am

Please RSVP

Tues, Feb 3 and Feb 17 - Boardgames at Border Hills Common Room

Time: 1:30pm

PLEASE RSVP

Tues, Feb 9 and 24 - Boardgames at the Centennial Apartments Dining Room

Time: 1:30pm

Please RSVP

CHECK OUR FACEBOOK GROUP FOR UPDATES OR FOR SPONTANEOUS EVENTS!

WWW.FACEBOOK.COM/GROUPS/SOSBRENWIN



Congregate Meals

only \$8

includes:
Tea or Coffee, Main Meal and Dessert

FEBRUARY

Mon, Feb 2 - Spaghetti with Meat Sauce

Tues, Feb 3 - Liver & Onions

Wed, Feb 4 - Ribs

Thurs, Feb 5 - No Meal

Fri, Feb 6 - Fish

Mon, Feb 9 - Breakfast

Tues, Feb 10 - Soup & Sandwich

Wed, Feb 11 - Ham & Scalloped Potatoes

Thurs, Feb 12 - Beef Stew

Fri, Feb 13 - Fish

Mon, Feb 16 - NO MEAL (Family Day)

Tues, Feb 17 - Chicken Pieces

Wed, Feb 18 - Roast Pork

Thurs, Feb 19 - Cook's Choice

Fri, Feb 20 - Fish

Mon, Feb 23 - Lasagna

Tues, Feb 24 - Porkchops with Mushroom Soup

Wed, Feb 25 - Turkey

Thurs, Feb 26 - Cook's Choice

Fri, Feb 27 - Fish

Dine-in or Take-out

(please provide your own containers)

Contact Louise if you'd like to volunteer as a server - you can eat for free.

Congregate Meals are available from Monday to Friday, excluding Holidays. They are located at the **Centennial Apartments' dining room** served at **11:30am**.

Please sign up the day before so Louise (our talented chef) knows how many to prepare for: **204-747-2299**

Take out available, but please bring your own container.

Drop-ins can not be accommodated, thank you for your understanding!

Emergency Hospital Schedule

Individuals requiring emergency department services are encouraged to call the **Deloraine Health Centre 204-747-2745** to determine the nearest open emergency department.

For any EMERGENT situations - call 911.

Individuals requiring health advice are encouraged to call Health Links/Info Santé at 1-888-315-9257.

February

2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Boissevain 24 hrs Killarney 24 hrs	2 Deloraine 24 hrs Boissevain 8-4 Killarney 24 hrs	3 Deloraine 8-4 Boissevain 24hrs Killarney 24 hrs	4 Deloraine 24 hrs Boissevain 8-4 Killarney 24 hrs	5 Deloraine 8-4 Boissevain 24hrs Killarney 24 hrs	6 Deloraine 24 hrs Boissevain 8-4 Killarney 24 hrs	7 Deloraine 24 hrs Killarney 24 hrs
8 Deloraine 24 hrs Killarney 24 hrs	9 Deloraine 24 hrs Boissevain 8-4 Killarney 24 hrs	10 Deloraine 8-4 Boissevain 24hrs Killarney 24 hrs	11 Deloraine 24 hrs Boissevain 8-4 Killarney 24 hrs	12 Deloraine 8-4 Boissevain 24hrs Killarney 24 hrs	13 Deloraine 24 hrs Boissevain 8-4 Killarney 24 hrs	14 Deloraine 24 hrs Killarney 24 hrs
15 Deloraine 24 hrs Killarney 24 hrs	16 Clinic Closed Deloraine 24 hrs Killarney 24 hrs	17 Deloraine 8-4 Boissevain 24hrs Killarney 24 hrs	18 Deloraine 24 hrs Boissevain 8-4 Killarney 24 hrs	19 Deloraine 8-4 Boissevain 24hrs Killarney 24 hrs	20 Deloraine 24 hrs Boissevain 8-4 Killarney 24 hrs	21 Deloraine 24 hrs Killarney 24 hrs
22 Deloraine 24 hrs Killarney 24 hrs	23 Deloraine 24 hrs Boissevain 8-4 Killarney 24 hrs	24 Deloraine 8-4 Boissevain 24hrs Killarney 24 hrs	25 Deloraine 24 hrs Boissevain 8-4 Killarney 24 hrs	26 Deloraine 8-4 Boissevain 24hrs Killarney 24 hrs	27 Deloraine 8-4 Boissevain 24hrs Killarney 24 hrs	28 Boissevain 24 hrs Killarney 24 hrs



February 16th, 2026

Honouring Louis Riel Day in Manitoba, we recognize the legacy of Louis Riel and celebrate the history, culture, and contributions of the Métis people.





MOVIE CLUB SCHEDULE

Movies cost \$2.00/show

Punch cards available - \$20 for 10 shows.

Your first show is free with the purchase of a punch card.

Money collected supports our programs!

Popcorn, candy and beverages are available
for an extra fee.

Feb 5 - I'll Be Seeing You - 1h24m - Ginger Rogers, Shirley Temple

Feb 12 – Flaming Star - 1h41m - Elvis Presley

Feb 19 – Big Miracle – 1h47m – Drew Barrymore

Feb 26 – For Me and My Gal - 1h43m - Judy Garland, Gene Kelly

Mar 5 – Slumdog Millionaire – 2h – Dev Patel

Mar 12 – A Man Named Otto – 2h6m – Tom Hanks



Movies highlighted above will have sponsored transportation from Waskada to Deloraine and locally if you have mobility challenges and live outside of assisted living.

Call Bethany at least 3 days before to book your ride!
Please arrange carpools when you are able.

ABBA- REVISITED

ABBA REVISITED, North America's #1 Tribute to ABBA recreates the magic of ABBA with authentic costumes, spectacular harmonies and note-perfect musicianship taking their audience on a musical journey back in time!

**\$55 PER PERSON
LEAVING DELORAINE AT
4:30. SUPPER AT THE
BLARNEY STONE NOT
INCLUDED**

RSVP BY FEB 26TH WITH PAYMENT



**KILLARNEY
SHAMROCK CENTER**

SATURDAY, MARCH 7,
2026

DOORS OPEN 6:15PM
SHOW TIME: 7:00PM

**Killarney Turtle Mountain
arts
Council**



**Killarney Pharmacy
& PharmaChoice**

**The
Guide**



Canada

**manitoba
arts
network**

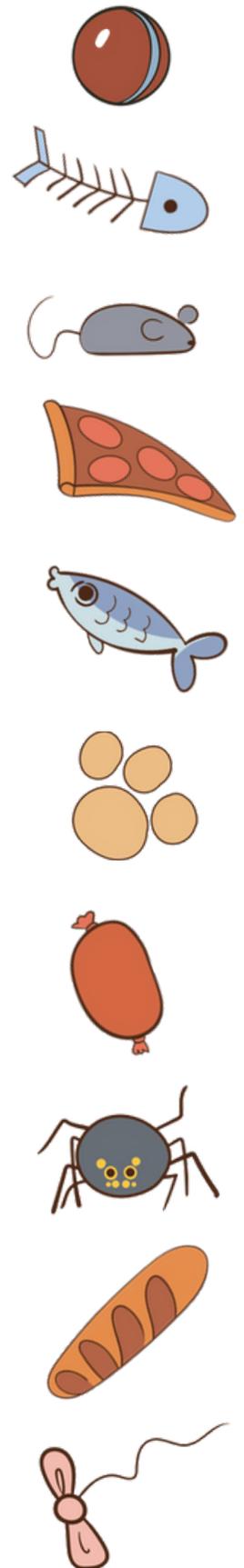
www.killarneyarts.ca



BRAIN GAMES

HIDDEN OBJECTS

Find 10 hidden objects (shown on the right) in the picture below. Colours may be different!



Valentine's Day Word Scramble

DIRECTIONS: Unscramble the letters to form the names of 11 different Valentine's Day words. Then unscramble the shaded letters to answer the riddle.

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What did the boy bear say to the girl bear on Valentine's Day?

