

# THE BRENWIN BUGLE



Seniors' Outreach Services  
Of Bren Win Inc

A NEWSLETTER FOR OLDER ADULTS AND SENIORS IN DELORAINÉ, GOODLANDS, MEDORA AND WASKADA

**“ASSISTING OLDER ADULTS, SENIORS, AND PEOPLE WITH DISABILITIES TO LIVE SAFELY AND INDEPENDANTLY IN THEIR OWN HOMES FOR AS LONG AS FEASIBLE.”**

204-747-3283

sosbrenwin@gmail.com



www.sosbrenwin.com



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[www.facebook.com/groups/sosbrenwin](http://www.facebook.com/groups/sosbrenwin)



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Call for the office for details.

## IN THIS ISSUE

GENERAL INFORMATION

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Seniors'  
Outreach  
Services  
Of Bren Win Inc

INVITES YOU TO A

*Waskada and Area  
Christmas Luncheon*

HAM AND SCALLOPED POTATOES  
HOT CHOCOLATE  
CHRISTMAS COOKIES

DECEMBER **12** AT 12PM

AT THE WASKADA RINK

LIVE MUSIC PERFORMED BY  
**LYLE BALDWIN**

*Our gift  
to those  
aged 55+*





Seniors'  
Outreach  
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## Upcoming *events*

5  
NOV

Sunday 10:30am

Something Rotten - a musical at the WMCA  
Cost: \$55/person (includes the show and transportation)  
lunch not included

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7  
NOV

Tuesday 9:30am

We're Going Shopping - Brandon  
**Transportation Free (lunch not included)**  
Sponsored by the Sunrise Credit Union

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16  
NOV

Thursday 11:30am

Lunch with Faye  
At Crafted and More before Movie Club  
Faye offers our seniors a lunch special (at your cost)

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20  
NOV

Monday 9:30am

Make It! Monday (NEW REGULAR EVENT)  
Craft: Christmas Cards  
Location: TBD  
Sponsored by SOS

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22  
NOV

Wednesday 9:30

We're Getting Thrifty - Brandon  
**Transportation Free (lunch not included)**  
sponsored by the Sunrise Credit Union

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28  
NOV

Tuesday 8:30am

Lucky Laps - Casino Trip  
Cost \$30  
Transportation, Lunch and \$25 Free Play included

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29  
NOV

Thursday 11:30am

We're Going Christmas Shopping - Brandon  
The Little Shoppe, Ten Thousand Villages, Lady of  
the Lake, and Toymasters  
**Transportation Free (lunch not included)**  
Sponsored by the Sunrise Credit Union



# MOVIE CLUB

## UPCOMING SHOWS

### MEMBERSHIPS TO BE RENEWED STARTING NOVEMBER 2

\$10/YEAR PLUS A SMALL DONATION AT EACH SHOW (IF YOU ARE ABLE)

ANNOUNCING: WEEKLY MOVIES UNTIL THE END OF MARCH (WEATHER PERMITTING)

NOV 2 - **THE STING** - 1973 (ROBERT REDFORD, PAUL NEWMAN)

NOV 9 - **THE DEVIL'S BRIGADE** - 1968 (WILLIAM HOLDEN, CLIFF ROBERTSON)

NOV 16 - **ON GOLDEN POND** - 1981 (KATHERINE HEPBURN, HENRY FONDA, JANE FONDA)

NOV 23 - **YOU'VE GOT MAIL** - 1998 (MEG RYAN, TOM HANKS)

NOV 30 - **LITTLE WOMEN** - 1994 (SUSAN SARANDON, WINONA RYDER)

DEC 7 - **THE APARTMENT** - 1960 (JACK LEMMON, SHIRLEY MCLAINE)

DEC 14 - **WHILE YOU WERE SLEEPING** - 1995 (SANDRA BULLOCK, PETER GALLAGHER)

DEC 21 - **CHRISTMAS IN CONNECTICUT** - 1945 (BARBARA STANWYCK, DENNIS MORGAN)

DEC 28 - **CATCH ME IF YOU CAN** - 2002 (LEONARDO DICAPRIO, TOM HANKS)

ALL SHOWS STARTING AT 1:30PM ON THURSDAYS

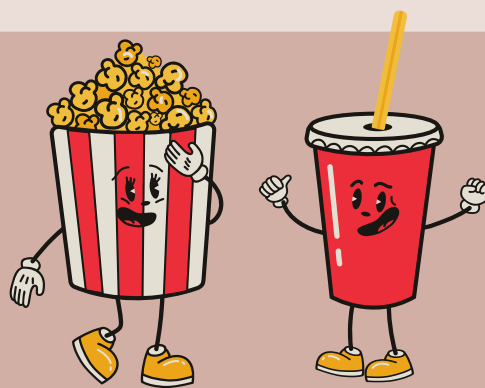
ALL **ONE STOP** HANDY VAN RIDES TO AND FROM MOVIE CLUB

ARE SPONSORED BY SENIORS' OUTREACH SERVICES, STARTING NOVEMBER 2ND.

**PICK UP MAY BE ARRANGED FROM THE WASKADA COMMUNITY CENTRE**

**IF BOOKED IN ADVANCE!** PLEASE CALL BETHANY FOR MORE INFORMATION.

[WWW.SOSBRENWIN.COM/MOVIE-CLUB](http://WWW.SOSBRENWIN.COM/MOVIE-CLUB)





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# Announcements



THE SOS OFFICE WILL BE CLOSED FROM OCT 31 -NOV 6.

THE WASKADA OFFICE IS NOW OPEN ON FRIDAYS FROM 10:00-4:00.HOME VISITS ARE ALSO AVAILABLE TO ANYONE IN WASKADA, MEDORA AND/OR GOODLANDS ON FRIDAYS. PLEASE CALL TO BOOK AN OFFICE APPOINTMENT OR A HOME VISIT.

ALL OF OUR EVENTS ARE OPEN TO RESIDENTS IN BRENDA-WASKADA AND DELORAINE WINCHESTER. SOS IS SPONSORING ALL ONE-STOP TRANSPORTATION TO AND FROM OUR EVENTS. PLEASE TAKE ADVANTAGE OF THIS SERVICE AND HELP SUPPORT OUR LOCAL HANDY VAN.

ALL EVENTS, INCLUDING MOVIE CLUB, ARE WEATHER PERMITTING. CHECK THE FACEBOOK PAGE OR CALL FOR LAST MINUTE UPDATES.

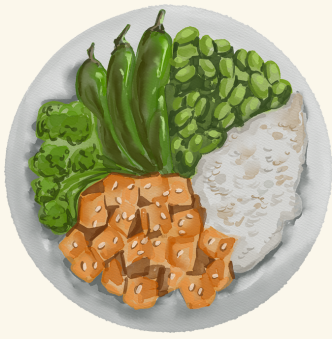
WE ARE LOOKING FOR A COUPLE VOLUNTEERS TO HELP FASCILITATE A PEER LED ACTIVITY PROGRAM FOR EACH DELORAINE AND WASKADA. FREE VIDEO TRAINING - ALL FITNESS LEVELS ACCEPTED. PLEASE CALL THE OFFICE IF YOU ARE INTERESTED.

SUBMIT YOUR COMPLETED BRAIN GAMES BY EMAIL, DROP THEM AT THE OFFICE, OR CALL TO HAVE THEM PICKED UP FOR YOUR CHANCE TO WIN A \$10 TOWARDS ANY UPCOMING SOS EVENT! CONGRATULATIONS TO JANE ADAMS FOR WINNING THE OCTOBER DRAW!

**MARK YOUR CALENDARS  
MORE INFORMATION TO COME!**

**SCOTT WOODS BAND - DEC 2  
RSVP REQUIRED**

**WASKADA CHRISTMAS LUNCHEON - DEC 12  
RSVP APPRECIATED**



# CONGREGATE MEALS

## NOVEMBER MENU

Wed. Nov 1 - Roasted Pork  
Thurs, Nov 2 - Chili  
Fri, Nov 3 - Chicken Pieces  
Mon, Nov 6 - Pizza  
Tues, Nov 7 - Hamburger Casserole  
Wed. Nov 8 - Swiss Steak  
Thurs, Nov 9 - Soup & Sandwich  
Fri, Nov 10 - Salmon Loaf  
Mon, Nov 13 - Pulled Pork  
Tues, Nov 14 - Shepherds Pie  
Wed, Nov 15 - S&S Ribs  
Thurs, Nov 16 - Sausages  
Fri, Nov 17 - Hot Beef Sandwich  
Mon, Nov 20 - Meat Loaf  
Tues, Nov 21 - S&S Pork  
Wed, Nov 22 - Roast Beef  
Thurs, Nov 23 - Breakfast Brunch  
Fri, Nov 24 - Fish  
Mon, Nov 28 - Perogies & Sausages  
Tues, Nov 29 - Ham & Scalloped Potatoes  
Wed, Nov 30 - Soup & Sandwich



Congregate Meals are available from Monday to Friday, excluding Holidays. They are located at the **Centennial Apartments' dining room** served at **11:30am**.

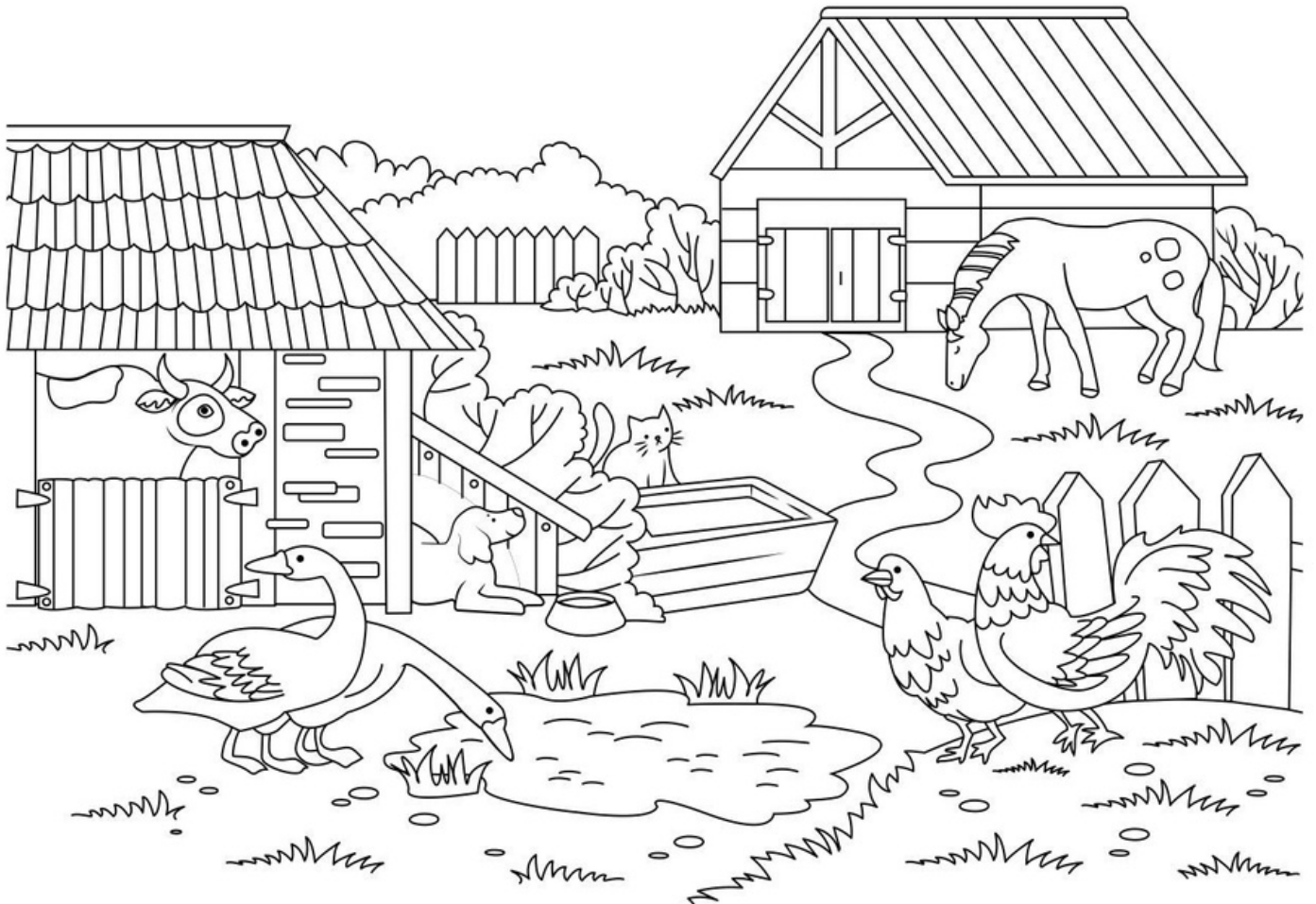
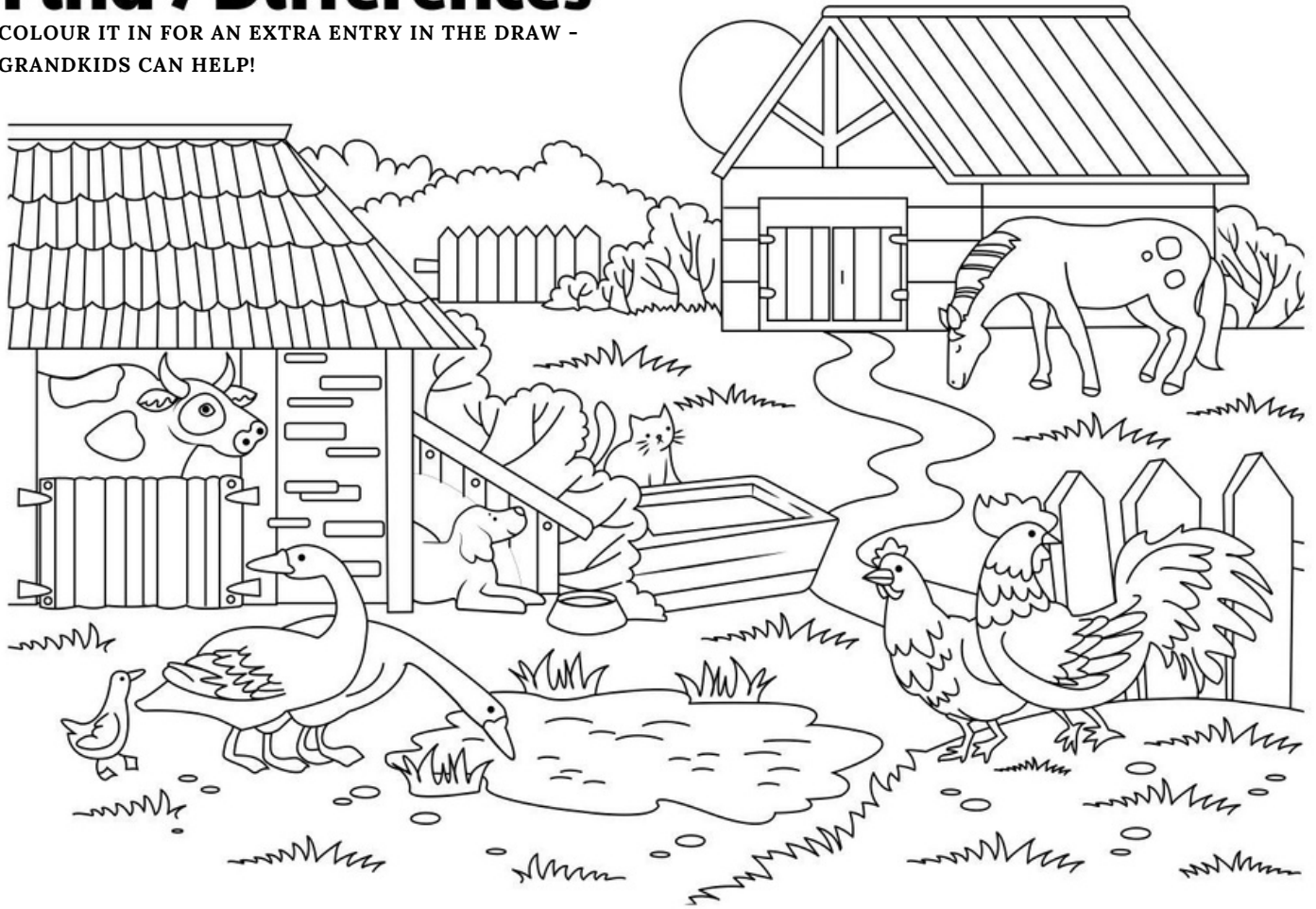
Please sign up the day before so Louise (our talented chef) knows how many to prepare for: **204-747-2299**

**Take out available, but please bring your own container.**

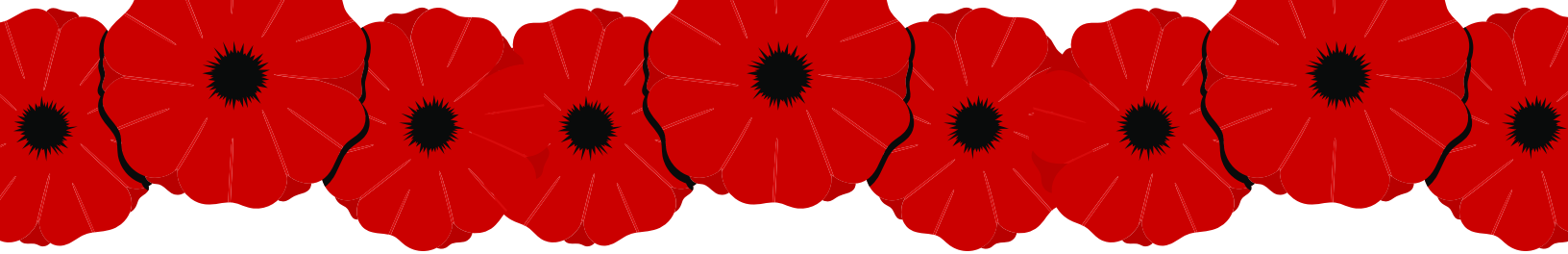
**Drop-ins can not be accommodated, thank you for your understanding!**

# Find 7 Differences

COLOUR IT IN FOR AN EXTRA ENTRY IN THE DRAW -  
GRANDKIDS CAN HELP!







# Remembrance Day Word Search

U P A D C R N S F S G F O P E Y F  
R S N K S W K W B K K L Z T C B Y  
J X M C K S Z A V N I A N C I Q G  
E A L X E T E R B B B N J I T B Q  
F N A H I A L R U Q W D Q L S K L  
S T I V H M S X V O E E C F I V Y  
A U R Z Y T P E G I E R T N M I J  
C N O E M P A Y F V C S Q O R K S  
R O M M C P V E O I M E C C A A R  
I V E U G A E L R D R C K G N E F  
F E M W M K E I K W C E K Q M R J  
I M R I I P B P L Q Z Y L E E Y P  
C B F S U Z S O D E Y H M E Y L O  
E E G Y R T N U O C A B D U F H P  
F R H C S I L E N C E O G V N Q P  
X F V Z X M D K F R M Q Z P R Y Y  
M F O R G I V E N E S S O M U K A

love  
country  
memorial  
remember  
war

armistice  
flanders  
November  
sacrifice  
wreath

Ceasefire  
Forgiveness  
peace  
service

conflict  
freedom  
poppy  
silence